



## Crown and Bridge

### Here are some things that you should know after having a crown or bridge completed:

- Avoid chewing anything while still numb - you may unintentionally hurt your cheek or tongue
- If you have a temporary on your tooth, you cannot floss on either side of it because it is stuck to the teeth beside it
- It is normal to feel some sensitivity to hot and cold. The sensitivity should dissipate over 1-14 days. If sensitivity persists longer than 30 days or is very painful please call us.
- The crown/bridge may feel weird or different in your mouth at first. Usually it takes about 1-2 months for your mouth to get used to the new feeling. If the crown/bridge still feels uncomfortable after that time, please call us.
- You may notice little bits or pieces in your mouth. Don't worry, nothing has broken - the pieces are just leftover or excess cement.
- It may be difficult or very tight to floss between your crown or bridge. This is normal as the crown/bridge will settle over time. If it is impossible or difficult to floss after 6 weeks, please call us.

### How to Floss Under a Bridge

You will not be able to floss up and down like normal flossing under your bridge, but there is a quick and simple way to get floss under your bridge. It is very important to keep your bridge clean and free of cavities and gum disease.

Use a floss threader or Super Floss to bring the floss under your bridge and floss. You can buy a floss threader or Super Floss at any store that sells other oral care products. Ask us at your next hygiene appointment for a demonstration and a free sample.

